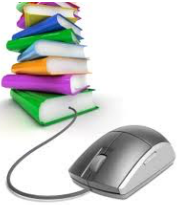




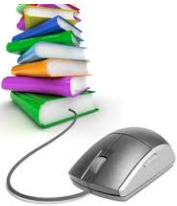

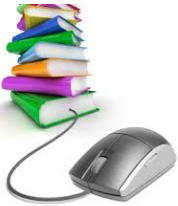
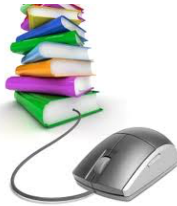

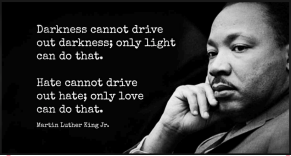
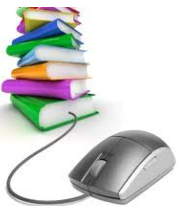


What's on the Menu?

International Charter School Breakfast Menu – January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fruit & Vegetable provided with each meal</p> <p>Fruta y verdura proporcionada con cada comida</p> <p>Frutas e vegetais fornecidos com cada refeição</p>	<p>1% White or Fat Free Chocolate Milk</p> <p>Leche 1% blanca o de chocolate sin grasa</p> <p>Leite branco 1% ou achocolatado desnatado</p>	<p>Sun Butter & Jelly available daily</p> <p>Sun Butter & Jelly disponible todos los días</p> <p>Sun Butter & Jelly disponíveis diariamente</p>	<p>Notify server of any food allergies</p> <p>Notifique al servidor de cualquier alergia alimentaria</p> <p>Notifique o prestador de serviços sobre qualquer alergia alimentar.</p>	<p>Menu subject to change without notice</p> <p>Menú sujeto a cambios sin previo aviso.</p> <p>Menu sujeito a alterações sem aviso prévio.</p>
<p>4</p> 	<p>5</p> 	<p>6</p> 	<p>7</p> 	<p>8</p> 
<p>11</p> 	<p>12</p> 	<p>13</p> 	<p>14</p> 	<p>15</p> 
<p>18</p> <p>No School-MLK Day</p> 	<p>19</p> <p>Bagel with Cream Cheese Diced Peaches</p> <p>Bagel com cream cheese pêssego cortado</p> <p>Bagel con queso crema Melocotones picados</p>	<p>20</p> <p>Cheerios Bar 100% Fruit Juice</p> <p>Barre de cereal Cheerios Suco de fruta integral</p> <p>Barrade Cheerios Jugo 100% Fruta</p>	<p>21</p> <p>Fruit & Yogurt Parfait String Cheese Craisins</p> <p>Parfait de iogurte e frutas Palito de queijo Cranberries secos</p> <p>Parfait de iogur y fruta Tiras de queso, Anandano seco</p>	<p>22</p> <p>Shri Bark, 100% fruit juice</p> <p>Barra de cereal Shri Bark, suco de fruta integral</p> <p>Shri Bark, jugo 100% fruta</p>
<p>25</p> 	<p>26</p> <p>Apple Cinnamon BeneFit Bar, Raisins</p> <p>Barra de cereal de maca e canela</p> <p>Barra Benefit de manzana y canela, Pasas</p>	<p>27</p> <p>Egg & cheese sandwich, 100% fruit juice</p> <p>Sanduche de ovo e queijo, Suco de fruta integral</p> <p>Sandwich de huevo y queso Jugo 100% Fruta</p>	<p>28</p> <p>Blueberry muffin, fruit cocktail</p> <p>Muffin de mirtilo, vitaminia de frutas</p> <p>Muffin de arandanos (Blueberry) Coctel de frutas</p>	<p>29</p> <p>Shri Bark 100% Fruit Juice</p> <p>Barra de cereal Shri Bark Suco de fruta integral</p> <p>Shri Bark Jugo 100% Fruta</p>