# REOPENING RI

## COVID-19 Information for Families

### What happens if my child has symptoms at home or gets sick in school?

- If your child has any of the symptoms listed below, keep them home from school and call the school to report their absence.
- If your child has any of the symptoms listed below while at school, they will be moved to an area set up specially for students not feeling well and you will be called to come pick up your child as soon as possible.

### When does my child need a COVID-19 test?

| | |
|---|---|
| Cough (new) | **If your child has ANY ONE of these symptoms, your child needs a COVID-19 test.** |
| Shortness of breath or difficulty breathing | • Call your child's healthcare provider for medical advice. |
| New loss of taste | • Call 844-857-1814 to schedule a test. |
| New loss of smell | |
| Fever (temperature higher than 100.4° or feels feverish to the touch) | **If your child has TWO OR MORE of these symptoms, your child needs a COVID-19 test.** |
| Chills | • Call your child's healthcare provider for medical advice. |
| Muscle or body aches | • Call 844-857-1814 to schedule a test. |
| Headache | If your child has **ONLY ONE** of these symptoms, |
| Sore throat | • Call your child's healthcare provider for medical advice. |
| Fatigue | • Keep your child at home until they have had no fever for 24 hours without the use of a fever-reducing medicine and they are feeling better (symptoms are better). |
| Congestion or runny nose (new) | |
| Nausea or vomiting | • Your child's healthcare provider may recommend testing. |
| Diarrhea | |

### When can my child go back to school?

**If your child had a COVID-19 test, your child can go back to school when you can attest that:**

1. You have received all COVID-19 test results and they are negative. **AND**
2. Your child has had no fever for 24 hours without taking fever-reducing medicine. **AND**
3. Your child feels better and their symptoms are better.

**If your child did not have a COVID-19 test because they only had one of the symptoms in the yellow box above, your child can go back to school when you can attest that:**

1. Your child has had no fever for 24 hours without taking fever-reducing medicine. **AND**
2. Your child feels better and the symptoms are better.

   Attestation can be written or verbal, and you do not need a doctor's note.

# COVID-19 Information for Families (continued)

## What if my child tests positive for COVID-19?

Most children who get COVID-19 have milder symptoms than adults and can be cared for at home. Your child's health-care provider, school, and the Rhode Island Department of Health (RIDOH) will help you and give you information about what to do. **Your child will need to stay home in isolation until you can attest that they are no longer contagious.**

- Your child's healthcare provider will call you with test results if they ordered a COVID-19 test.
- RIDOH will call you with test results if the test was ordered through the Pre K-12 COVID Test Scheduling Service.
- RIDOH will call and ask you questions about your child's health, symptoms, and activities in the past two weeks and give you information about:
  - o Symptoms to watch for;
  - o How to keep your child separated from others in the home while they are sick; and
  - o How long **your child will need to be at home in isolation** until they are no longer contagious to others.
- If your child feels well enough to do schoolwork, your child will continue to learn at home through distance learning.

**After a positive test, your child can go back to school when you can attest that:**

1. It has been 10 days since your child's symptoms first started (20 days if your child has a serious problem with their immune system). **AND**
2. Your child has had no fever for 24 hours without taking fever-reducing medicine. **AND**
3. Your child feels better and their symptoms are better.

## What if my child is a close contact of someone who has COVID-19?

**Your child will need to quarantine (stay at home) for 14 days after the day they were in close contact with the person with COVID-19.** Close contact means being within six feet of someone with COVID-19 for 15 minutes or longer. Being that close to a person with COVID-19 for 15 minutes or longer means **you could catch COVID-19** from the person.

If your child has had close contact with someone with COVID-19, someone from RIDOH will call you.

- RIDOH will call you with information about quarantine and how long your child will need to stay at home.
- During quarantine, you should watch your child for symptoms of COVID-19 listed on the first page. If your child feels sick or gets any symptoms during quarantine, follow the instructions in the box on the first page.

After being in **quarantine**, your child can go **back to school when**:

1. The 14-day quarantine time has ended;
2. Your child feels good and has no symptoms of COVID-19 listed on the first page; and
3. Your child had a negative COVID-19 test result if they were tested.

## Where can I learn more about COVID-19?

**RIDOH COVID-19 Education and Childcare**
https://health.ri.gov/covid/educationandchildcare/index.php
**Back 2 School Rhode Island website**
https://www.back2schoolri.com/
**K-12 Playbook**
https://reopeningri.com/wp-content/uploads/2020/08/2020-08-08_K-12-Playbook_edited_v1.pdf?189db0&189db0
**Sample Attestation Form**
https://www.back2schoolri.com/wp-content/uploads/2020/08/082620_Sample_Return_After_Illness_Attestation.pdf

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